



2021 Adult Fall Volleyball Leagues

PARK & RECREATION

- Monday** Women's League
- Tuesday** Co-Rec. Power League
- Thursday** Co-Rec. Recreational League

<u>Team Fee</u>	<u>Team Nonresident Fee</u>
\$120.00	\$24.00
<u>8.85 tax</u>	<u>1.77 tax</u>
\$129.15	\$25.83

St. Cloud Park and Recreation is offering fall volleyball leagues for women's and co-rec teams. Evenings for these leagues are listed above. Two divisions, Power or Recreational, are offered for co-rec leagues. Power leagues are for teams that want to play more competitive matches, which are not restricted by class C playing restrictions. Recreational leagues are for teams whose main goal is to have fun and enjoy the recreational aspect of volleyball. Class C restrictions are enforced in the recreational leagues.

Recreational League Rule Restrictions as stated on the Minnesota Sports Federation Rule Book are:

- No middle-quick sets or shoot sets**
- No fake spikes**
- No jump serves**
- No roundhouse top-spin serves**
- No back-row attack by back row players**
- Not more than one current and/or two former college players or any combination thereof**

All matches will be played at the Whitney Recreational Center and are **self-officiated**. Matches will consist of playing all 3 games that will count in the standings. Each team is guaranteed 8 regular season matches.

Registration Deadline: Friday, August 20th. Team registrations may be done either online at <http://www.ci.stcloud.mn.us>, by phone with credit card or mail in with check. Individuals looking for teams to join are encouraged to call the contact number listed below to get their names on the individual's list. ****Five teams minimum for all fall leagues.**

Starting Date: August 30, 31 or September 1.

Game times: **6:15, 7:15 or 8:15 pm.** This includes 5 minutes warm-up.

Non-Resident Fees: If your team roster includes 1/2 or more non-St. Cloud residents a 20% team fee is charged. (see above)

Rosters and waivers: All players must be listed on their team's roster and they must sign before they can play. Each player needs to complete and sign a Whitney User Waiver form prior to playing.

Substitutes: Teams may use substitute players only if that team has fewer than 6 players from their regular roster. Substitute players must be listed on the roster and labeled as a substitute. Substitute players must also sign that roster. When there are two teams playing against each other where there is a player listed as a substitute on the other team, that player must play on their regular team and cannot play as a substitute. (Reminder that recreational teams may only use up to 1 current or 2 previous college players)

For additional information please contact Steve at 650-3053 or Steve.Krueger@ci.stcloud.mn.us