

# STOP!

## Prevent the Spread of COVID-19

**Degmada Stearns County hadda waxaa aad ugu soo kordhay in dadka ku nool laga helayo xanuunka COVID-19 (faayruska cusub ee Coronavirus).**

Haddii aad isku aragto mid ka mid ah calaamadaha soo socda:  
**qandho, qufac, neefsashada oo kugu yaraata, qarqaryo, murqo-xanuun, madax-xanuun, cune-xanuun, iyo dhadhanka ama urta oo kaa taga**  
fadlan la xiriir dhakhtarkaaga ama soo garaac taleefanka  
**CentraCare Connect Hotline 320-200-3200**  
si lagu wareysto oo lagu baaro haddii ay suuroobeyso.

In la sameeyo baaris badan iyo in dadka xanuunsan la go'doomiyo ayaa  
Caafimaadka Dadweynaha ku caawineysa xakameynta COVID-19.

Haddii aad su'aalo kale qabto, waxaad la xiriiri kartaa  
**Benton-Stearns COVID-19 hotline 1-877-782-5683.**

Fadlan xusuusnow nadaafadda gacmaha, inaad guriga joogto marka aad xanuunsan tahay, inaad 6 fiit ama dhudhun ka fogaato dadweynaha bannaanka jooga, inaad xirato maasgaro marka aysan kuu suurbeyn in aad dadka kala fogaataan, iyo inaad ka fogaato kulamada dadka badan.



**Wash your  
hands.**



**Stay home  
when sick.**



**Stay 6 feet  
from others**



**Wear a mask in  
public settings**