



Menu of Volunteer Opportunities

For the Sherburne County, Minnesota Area

Review the whole list or click on a desired category:



MOST RECENTLY ADDED OPPORTUNITIES

CHILDREN & YOUTH ACTIVITIES



DISASTER SERVICES



ECONOMIC OPPORTUNITY



EDUCATION – ADULT & COMMUNITY



EDUCATION – CHILDREN & YOUTH



ENVIRONMENT & OUTDOORS



FOOD & CLOTHING SERVICES



GOVERNMENT & PUBLIC SAFETY



HEALTH CARE



HUMAN & VETERAN SERVICES



MEAL SERVICE/DELIVERY



OTHER NON-PROFIT



SENIOR SERVICES

Contact RSVP Sherburne County for more information: 763-635-4505/877-560-7787

Charlotte.Strei@ci.stcloud.mn.us

NEW!

MOST RECENTLY ADDED OPPORTUNITIES

RSVP- Retired and Senior Volunteer Program

55+ Volunteers - If you are 55+, this is your invitation to volunteer service! Start with a discussion about your individual interests, skills and time available to volunteer. Explore the possibilities for service through a wide variety of local agencies, including many projects with limited or flexible commitments. End with a rewarding volunteer experience that fits perfectly into your lifestyle and comes with some additional perks because you're experienced at life!

Where to Help? Do you wonder where your volunteer time investment is needed most? What are all the choices? What will fill the time you have available and not more than you expected? Contact RSVP/Volunteer Bridge to explore the possibilities that will fit perfectly into your lifestyle and match your interests, skills and passions! Choose what works best for you and receive help getting connected. Extra perks for those 55+ because you're experienced at life!

One-time events – 55+ RSVP volunteers are asked to assist for a couple hours at a variety of one-time events in the community. From ticket taking at a performance to helping at a blood drive, from a school book sale to counting patrons at the public library. Pick and choose what fits for you.

TriCAP Transportation

Drivers - Volunteers provide rides using their own private vehicles to residents of Benton, Stearns and Morrison counties. Passengers are assigned to volunteers by the Tri-CAP dispatch center and may be traveling to medical appointments or a variety of other destinations. Volunteer drivers are reimbursed at the Federal IRS rate and may also be eligible for some meal reimbursements. Our volunteer drivers provide an important service to those in need in the tri-county area. If you are interested in volunteering, please contact Tri-CAP. (7/17)

Catholic Charities Day Treatment

Catholic Charities has many volunteer opportunities available for individuals and groups at our Day Treatment in Elk River. They include: patching and painting walls; cleaning carpets; staining playground equipment; pulling weeds and adding mulch to playground area; skillfully spraying 4-square and hop scotch lines; and long-term weekly clerical work. (7/17)

Guardian Angels Elim Home Care and Hospice

Pet Therapy Visits - Pet therapy has been shown to reduce physical and emotional pain. Guardian Angels Elim Hospice is seeking certified therapy animals to bring joy to clients who love animals. Documentation of successful completion of a pet therapy training program required. Setting may be in a client's home or a care facility. Additional hospice training also required. (7/17)

Guardian Angels Care Center

Coffee/Gift Shop – A fun way to serve at Guardian Angels Care Center in Elk River! Assist residents, visitors and staff with selecting gifts and refreshments in the shop. Enjoy friendly conversation and exchange stories and smiles. The shop is open 7 days a week, volunteers serve in shifts 1-4 times per month. Shifts are M – F: 9 AM - 1 PM or 1 PM -4:30 PM. Sat-Sun: 10:30 AM – 3:30 PM. (7/17)

Great River Faith in Action

Provide-A-Ride- Transport Great River Faith in Action clients who have no other way to get to medical or community appointments including shopping. Drivers use their own cars and are notified in advance. Days and times needed vary and are flexible for any schedule! Needed from all Sherburne County locations. Training provided and background check conducted. (7/17)

Homemaking – Routine housekeeping never felt so good! Assist someone who is unable to do these basic homemaking tasks for themselves. Great River Faith in Action will match a willing volunteer with a client in the Sherburne County area to assist 1-2 times a month, for 1-2 hours each time. It could be you who makes the difference and helps a community elder to remain in their own home. (7/17)

Great River Family Promise

Day Center Volunteer – Great River Family Promise, assisting local homeless families, needs volunteers to provide hospitality to families in the Day Center in Elk River on weekdays. Hosting involves simply being present and interacting with family members for a 2 hour shift. Volunteers may also need to answer the phone and take messages for staff to attend to. Volunteers must have good people skills and willing to be “task flexible” as the daily needs of families change. Especially needed Wed 7:30 – 9:00 AM and on-call for uncovered daytime/weekday shifts. (6/17)

Evening/Weekend Hosts – Great River Family Promise, providing services to local homeless families, needs volunteers in the evening/overnight to assist at a local church to provide hospitality to families in the evenings. Volunteers can offer to prepare or serve a meal, provide companionship during the evening or take an overnight shift with another volunteer to make the guests comfortable. Commitment is very flexible. No more than 14 clients, including children, are present at any one time. (6/17)

Senior Dining – Elk River

Wash Dishes for Smiles –Volunteers needed to collect up many friendly greetings and smiles from diners in exchange for assisting to clean up after a noon, weekday meal at the Elk River Senior Dining Site. Along with meeting new friends, volunteers use a commercial dishwasher to wash dishes as a part of a three member volunteer team to take care of this extremely important element of a welcoming, healthy meal. Dishwashers work from 11 AM – 1 PM. (6/17)

Noon Meal Delivery- Deliver noon meals to those unable to cook a nutritious meal for themselves in the Elk River area. It takes about an hour at midday to make someone’s entire day brighter! Volunteers can be individuals who deliver on scheduled days, or businesses/groups willing to offer a rotation of employees/members for delivery. Both regular drivers and subs are needed. (6/17)

Angels on Main

Outdoor Visitor - As the weather gets warmer, wouldn’t it be grand to spend time outdoors visiting with a friend? Do just that with participants at Angels on Main Adult Day Services in Elk River! Simply spend time together on the patio! Best times are Tuesday, Wednesday or Thursday afternoons between 12:30 and 3:00 PM. Come up with a schedule which works best for you! (5/17)

Dist 728 Early Childhood Family Education

Garden With a Group - In the gardening months, the Handke Center in Elk River needs garden lovers to help maintain the Nature Classroom gardens. The group of willing volunteers will be notified of 1-2 work group gatherings each month. Each gathering will be for 2-3 hours. Attend the sessions that work well for you. Gardens consist primarily of perennial flowers. Bring your favorite garden gloves and a kneeling pad if you like. Direction about garden plans provided. (5/17)

Senior Dining - Becker

Meal Packing - Package weekly meals for Becker/Clear Lake/Clearwater area senior citizens unable to cook a nutritious meal for themselves. Help needed on Fridays from 10:30 am – 12:30 pm before drivers arrive for delivery of the meals. Packaging location is in Becker. (4/17)

Fairview Home Care and Hospice

Hospice Patient Support – Fairview Home Care and Hospice is looking for caring individuals who are willing to support those dealing with end of life issues and their families. Volunteers may provide respite for caregivers, companionship, run errands, prepare meals or do light housekeeping. Volunteers must

successfully complete pre-service screening and training, then serve a minimum of 2 hours per week for 1 year. Volunteer especially needed in the Big Lake/Buffalo area. (4/17)

Big Lake Community Food Shelf

Saturday Food Rescue - The Big Lake Food Shelf needs someone to transport donations from the Target in Otsego to their location on Saturday mornings. Choose the Saturday mornings that work for you! Volunteer will use own vehicle. Vehicle should be an SUV, van or pick-up to accommodate donations. Lifting up to 40 lbs is required. (4/17)

Food Shelf Client Assistant – The Big Lake Food Shelf is in need of volunteers to help clients with their items for shifts on Monday or Thursday evenings from 5:00 to 7:30, or Wednesday mornings from 8:30 to 11:00. Excellent customer service skills are necessary. Training will be provided. (4/17)

Oliver Kelley Farm

Oliver Kelley Farm – The new facilities at the Minnesota Historical Society site, Oliver Kelly Farm, in eastern Elk River are open to the public. With expanded display and educational spaces both indoors and out, there is a great need for volunteers in expanded roles. Group Guides, Golf Cart Drivers, and Administrative Support are just a few of the roles volunteers will be needed to fill. Explore all the options to be part of history!! (4/17)

Catholic Charities Health Promotion

Health Promotion Group Facilitator – Receive training to lead any one or more of several evidence based health promotions classes for area Senior Citizens on behalf of Catholic Charities. Topics include Falls Prevention, Health Eating, Living with a Chronic Disease. Volunteer participates in facilitator training held in St. Cloud for 2-4 full days, depending on the topic chosen. Classes are then lead by trained facilitators in short-multiple week sessions in various communities as scheduled by Catholic Charities in conjunction with volunteer facilitators. Each class is led by two facilitators working together. (3/17)



CHILDREN & YOUTH ACTIVITIES

Big Brothers Big Sisters of Central MN

Youth Mentor - Big Brothers Big Sisters is a 1:1 youth mentoring organization that reaches out to children facing adversity by providing them with a caring, qualified volunteer mentor. Mentors meet with their “Littles” three to four times a month. Matches enjoy playing board games, bowling, going to movies, doing arts & crafts, playing sports, fishing, and many other fun activities. Serving Stearns, Sherburne, Morrison, Benton and the upper tier of Wright County. Opportunities to be a Big Brother, Big Sister, Big Couple or Big Family. (12/16)

Open Doors for Youth

Homeless Youth Drop-In Team – Open Doors for Youth is an afternoon drop-in center in Elk River for homeless youth. On-Site Team members work directly with young people to provide a safe, warm and welcoming atmosphere for the youth who visit. The primary task of the volunteer is to be present for the youth to guide them through meeting their immediate needs of clothing, food and supportive conversation. When youth are not present volunteers assist with sorting donations, doing dishes, cleaning and office projects, as needed. Service shifts are 2-4 hours while the center is open: 2-6pm Monday - Friday. Center supervisors are present with volunteers. Training and ongoing support is provided. A weekly commitment is preferred. (12/16)

Reader's Theatre * See entry also in Education - Children & Youth

Reading With Gusto! Use your expressive voice and smiling face to demonstrate to young children just how important and fun reading can be! Readers will do reading events as a group in ISD 727 & 728 elementary schools as requested. Must be available for daytime practices 1-2 times per month and events 2-4 times per month. Based in Elk River. (8/17)

Rivers of Hope

Play Time - Rivers of Hope, a support center for those dealing with domestic violence, is seeking volunteers to play with and supervise children in a nursery while their parent(s) attend a support group in the same building. One or more evenings per month from 6:15 – 8:15 PM. Needed Tuesdays in Elk River. Permission for Rivers Of Hope to conduct a criminal background check is required. (4/17)

RSVP – Warm Fuzzies Project

Warm Fuzzy Creators – Would you enjoy knitting or crocheting mittens for school age youth? RSVP Warm Fuzzy volunteers create mittens year 'round to be distributed in the fall and winter to area agencies that work with youth. Use up your own excess yarn or get some from RSVP when it is available. (6/17)



DISASTER SERVICES

American Red Cross

Disaster Action Team Dispatcher – Receive training to field emergency calls to the Red Cross for local disasters (typically a house fire. Find and contact the nearest Red Cross Volunteer Responder to travel to the scene. Serve two 8 hour on-call shifts per month. Volunteer must have phone and internet access at all times during on-call shift. (12/16)

Disaster Action Team Responder - Receive training to be the Red Cross representative at a local disaster (typically a house fire). Volunteer will be equipped to and offer the full spectrum of Red Cross services to those affected by the incident, including shelter, clothing and food. (12/16)



ECONOMIC OPPORTUNITY

AARP Tax Prep

Tax Preparation Assistant - Assist those with low income, disabilities and the elderly to prepare their taxes. Training and materials provided by AARP in Nov and Dec each year. Five days of training and testing in Jan will prepare volunteers for the following tax season. Most taxes are e-filed at a public location. Reimbursements provided. (1/17)

TriCAP

Volunteer Income Tax Assistance (VITA) – Assist Tri-CAP as a volunteer who provides free tax preparation and e-filing services to low-moderate income people who need assistance in completing their tax returns. Volunteers receive free IRS Certified training to prepare basic tax returns in our local communities, which is also a great asset on a resume. For CPA's the volunteer time also provides continuing professional education credits from the IRS. The Tri-CAP VITA sites are located in St. Cloud, Elk River, and Cold Spring. Tax Preparers, Return Reviewers, and Tax Site Assistants (no tax prep involved with this position) are needed. (1/17)



EDUCATION – ADULT & COMMUNITY

Metro North Adult Basic Education

Adult Basic Education Clerical Assistant- Assist the Adult Basic Education instructor at Handke Family Center in Elk River to process a variety of clerical projects which may include filing, copying, word processing, data entry and organization of materials. Familiarity with Microsoft Excel is a plus. Volunteer needs to be a self-starter and able to quickly interpret how a task can best be done. 2-3 hours per week on a Tues, Wed or Thurs Afternoon is best. (4/17)

Adult Basic Education - Metro North ABE educates 5,000+ learners from over 100 countries each year. Metro North ABE of eight school districts (including ISD 728) that work together to support the educational needs of our learners. With nine sites across the north metro area and programming in the morning and evening Monday-Friday, we have many needs for volunteers to support our learners as Classroom Assistants and Math, Reading and Writing Tutors. Volunteers needed in Elk River/Ramsey and Anoka. (5/17)



EDUCATION – CHILDREN & YOUTH

Central Minnesota Foster Grandparent Program

Foster Grandparent- Make a Difference in the Life of a Child! Experience every day the love and wonder of children eager to tell you their special stories! At local schools or day care centers, Foster Grandparents become friends and mentors to children. They connect with kids by sharing experiences, supporting learning, and offering encouragement. Serve 15 or more hours per week. Training, benefits and tax-free stipend (\$2.65 per hour). (7/17)

Reader's Theatre

* See entry also in **Children and Youth Activities**

Reading With Gusto! Use your expressive voice and smiling face to demonstrate to young children just how important and fun reading can be! Readers will do reading events as a group in ISD 727 & 728 elementary schools as requested. Must be available for daytime practices 1-2 times per month and events 2-4 times per month. Based in Elk River. (8/17)

Sherburne County Area Schools

Elementary Student Support – The earlier educators can identify young students at risk of falling behind in their education and match them with others who can give them extra support, the better. There are several areas where elementary students will need extra help this school year. Just a few hours a week spent with a volunteer can make a big difference to a child's success. Some sample positions are: help students practice math facts; read 1:1 with struggling readers; mentor at-risk students. Needs vary by school. (ongoing)

ENVIRONMENT & OUTDOORS

Sherburne National Wildlife Refuge

Think Outdoors! Think Wildlife! – Do you love the outdoors? Are you a wildlife watcher...native plant supporter? If so, get ready for spring by offering to volunteer at the Sherburne National Wildlife Refuge. Volunteer positions include Wildlife Interpreter, Litter Pick-Up, Outdoor Classroom Leader. Seed Collector, Wildflower Tender, Bird Counter, Photographer and more. New volunteer trainings for the season are held each April/May.

Outdoor Classroom Leader – Share your love of the outdoors with students in grades Kindergarten through 5th grade at the Sherburne National Wildlife Refuge in Sherburne County. When school groups visit the Refuge, volunteers are needed to staff an outdoor learning station and share the topic information with students as they rotate into the area, or while the volunteer escorts them through. Volunteers needed primarily in the fall and spring for about 3 hours 1-2 times per month. All topics, materials and training provided. (10/16)

Event Planning/Promotion – Do you enjoy putting your planning and organization talents to use? Do you value our local natural resources and wildlife? The Sherburne National Wildlife Refuge holds many free, educational events for both adults and children each year, from Migratory Bird Day to Butterfly Tours, from the spring Celebration of Nature to the Christmas Bird Count. These events need additional volunteers willing to attend to the details of planning and promotion. Staff at the Refuge will be available to give guidance, direction and a historical perspective on past events. (10/16)

Wildlife Interpreter – Do you love the outdoors? Are you a bird watcher? Would you like to encourage others to see the joy in nature? If so, come spend 3 hours per week at the Sherburne National Wildlife Refuge doing just that. Volunteers should have some knowledge of birds, good communication skills and the ability to help a variety of people visiting the Refuge. (10/16)

Invasive Plant Work Crew – Volunteers work in teams for the Sherburne National Wildlife Refuge to remove invasive plants such as buckthorn from the refuge. Training given on plant identification. Work sessions average 3 hours, one time per month June - October. (10/16)

Litter “Ridder” – Do you enjoy walking in the outdoors? Consider helping Sherburne National Wildlife Refuge be clear from litter by “adopting” an area of the refuge in which to do litter pick-up. Your commitment can be during spring, summer or fall on an annual or one time basis. You may also commit to monthly clean up on a year round basis. Choose a section of road, a trail, a fishing area, a parking area, a river, or an information kiosk. Can be done individually or in groups. (10/16)

Seed Collector – Assist in the collection of native, flowering seeds or grasses growing on the Sherburne National Wildlife Refuge. Training provided. Flexible schedule. Individuals or small groups. 1 – 2 hours, twice per month, June – September. (10/16)

Special Events Assistant – Do you enjoy the fun of a festival? Assist with one of the special events offered at Sherburne National Wildlife Refuge. Serve on the planning committee for in depth involvement, or simply help out for a couple hours at the festival itself. Activities needing helpers include nature crafts, parking, hospitality, lunch, and snowshoe check-out, just to name a few. (10/16)

Data Entry/Clerical Assistant – Volunteers will either help with general clerical activities, such as copying, filing, mailings or data entry. Data entry requires a comfort level with computer operation and attention to detail. Volunteers are scheduled on an as-needed basis. (10/16)

Environmental Education – The Sherburne National Wildlife Refuge (SNWR) provides on-site education for students from schools, scouting groups or other organized youth groups. Assist an Enviro Ed Leader with student questions and logistics of a student visit to the Refuge. Groups visit year round and now utilize the new learning center building as well as the outdoors. Training provided. Time commitment varies with the scheduling of student groups. (10/16)

News Assistant – Scan local newspapers for articles concerning the Sherburne National Wildlife Refuge and clip the articles to be given to the refuge staff for history. (10/16)

Photography Assistant – Take digital photography of all aspects of the Sherburne National Wildlife Refuge – plants and animals, landscapes, visitors and special events. Volunteers use their own camera and give the photos to refuge staff to be used for Refuge promotion of many types. All activities will be coordinated with refuge staff. (10/16)

Sherburne Soil and Water Conservation District

Emerald Ash Borer Survey Assistant –Emerald Ash Borer (EAB) is spreading across MN and on the border of Sherburne County. Learn how to identify evidence of EAB in local ash trees and to be on the survey team for the Sherburne Soil and Water Conservation. Early detection is critical to minimizing tree loss and the subsequent loss of environmental benefits. Next training date TBD. (6/17)

Citizen Tree Pruner – Sherburne Soil and Water Conservation District in partnership with cities throughout the county trains citizens who wish to be trained as volunteer Citizen Pruners. Once trained, volunteers gather throughout the year at planned events to help maintain trees on publicly-owned property. Learn about tree biology and the best way to prune each species. Use that knowledge to contribute to a health urban forest in your community. Next training date TBD. (6/17)

Rain Gauge Reader – Help the MN Climatology Office keep track of local rainfall amounts right from your backyard. Rain Gauge Readers needed in a variety of spots throughout Sherburne County. Call to see if you backyard is one of them. Training provided. (12/16)

Stream Monitor – Assist the Sherburne Soil and Water Conservation District and the Minnesota Pollution Control Agency to gather data about water quality on a weekly basis from a stream crossing near you. Volunteer takes and observes a simple water sample from a designated location on a stream, then records and reports findings. Samples are generally taken from a bridge or culvert. April – Sept. All training provided. (12/16)

Lake Water Monitor – Do you live on a lake in Sherburne County? Or is there a lake that you frequent at least once per week? The Minnesota Pollution Control Agency needs volunteers to regularly monitor lake water quality on as many lakes as possible. June – Sept. Training is provided. Contact Sherburne SWCD to see if your lake needs a monitor. (12/16)



FOOD & CLOTHING SERVICES

Stepping Stone

Friday Food Donation Pick-Up – Stepping Stone Emergency Housing in Anoka is in need of volunteers to pick up donations from a variety of locations close to the shelter on Fridays at the midday to early afternoon and deliver the donations back to the shelter in a timely manner. Volunteer(s) use their own vehicle. (9/16)

Big Lake Community Food Shelf

Food Shelf Volunteer - Serve on Monday evening from 5:15-7:30pm at the Big Lake Food Shelf. Assist clients with shopping, packing frozen foods, and weighing selected items. Sort produce and restock shelves. Help 1-4 times per month. Even or every other month would be helpful! (3/17)

CAER – Food Shelf in Elk River

Outreach Food Delivery – CAER delivers food to Senior Citizen clients who find it difficult to get to the food shelf. Volunteers are needed to load, deliver, and distribute pre-packaged food orders to various locations in the CAER service area. Deliver as little as once per month. (2/17)

Outreach Intake - CAER delivers food to Senior Citizen clients who find it difficult to get to the food shelf. Volunteers are needed to gather information from clients to enable them to receive groceries delivery from the food shelf. Volunteers also gather information about client food needs. Accuracy and a friendly, respectful manner are essential to this position. (2/17)



GOVERNMENT & PUBLIC SAFETY

Sherburne County Sheriff's Office

Substance Use Prevention (SUP) – Serve on the Sherburne County Sheriff's Office SUP Coalition Committee as a representative of a local civic organization (ie Rotary, Lions, Women of Today, etc.). Civic organizations are an important element of the community the SUP Coalition is looking for such a representative. The coalition is made up of concerned community members that work together to prevent youth substance use and, in turn, hope to see an improved quality of life for the entire community. Coalition meetings are every third Wednesday of the month, 9-10:30 AM, at the Sherburne County Government Center. The group discusses and implements opportunities for mentorship, events, networking, understanding substance use trends and any other activity that will support drug-free youth. (12/16)

Safe Roads Coalition Member – Give your time and energy to contribute to the Toward Zero Deaths (TZD) initiative in Sherburne County. Offer to serve on the Sherburne County Sheriff's Office Safe Roads Coalition. Members of the coalition will meet 6 times over the next year. This group will plan and implement ways to educate the public about traffic safety. Help to preserve lives in the community by becoming active in this way to increase awareness of the issues involved in safe roads. (12/16)



HEALTH CARE

Allina Hospice

Allina Hospice – Vets serving Vets - Are you a veteran hoping to volunteer with other veterans? Consider becoming a hospice volunteer with Allina Health. You can be that listening ear and companion for a veteran assigned to you in your community. We support veterans in their homes or residential care facilities, covering 33 counties in MN and western WI. Allina Health's hospice program is a "We Honor Vet's" Level 4 Hospice and we are building upon this commitment we have made to honor and support our veterans at end of life. (12/16)

Allina Hospice

Hospice Volunteer - Be part of the Hospice team of support. The mission of Allina Health Hospice is to provide comfort care; meeting the physical, emotional and spiritual needs of those at end of life. Volunteer close to your own home. Those in hospice care may live in a nursing facility, assisted living, or in a home setting. You make a difference; providing companionship, respite support, transportation, or light housekeeping. Online Training, follow-up and ongoing volunteer support is provided. Allina has clients in: Elk River, Monticello, Big Lake, Becker, Zimmerman Buffalo, Rogers, Andover, St. Michael, Otsego. (12/16)

CentraCare Health-Monticello

Medical Alert Service Representative – Assist the Medical Alert Service department with installing equipment in subscriber's home. Must be comfortable entering subscriber's home and walking through the installation process with individuals/families. Training and mileage reimbursement provided. Seeking volunteers in St. Cloud, Albany, Becker, Monticello and surrounding communities. This is a 2 hour weekly commitment with flexible scheduling. (12/16)

Information Desk/Lobby Attendant – Provide information, directions, and assistance in a friendly, courteous manner to visitors and patients as they enter the hospital. Maintain lobby and check in with patients and/or family members. 4 hour shifts, morning and early afternoon. (12/16)

Gift Shop Sales Associate – Help run the Hartfelt Gift Shop by providing excellent customer service and processing transactions. Shifts are 9:30 AM – 12:30 PM, 12:30 – 3:30 PM, M-F. (1/17)

Animal-Assisted Therapy - Certified trainer/handler and animal perform patient rounding in the Hospital and Cancer Center to promote improvement in human physical, social, emotional, and/or cognitive functioning. (12/16)

Same Day Surgery Assistant - Serve as a host/hostess to families, maintain excellent patient care through various clerical and patient duties, and assist nursing staff. Shifts are 8 AM – early afternoon. (12/16)

Fairview Home Care and Hospice

Hospice - Fairview Hospice is in need volunteers who provide caring and practical support to hospice patients and families as they embark on the end of life journey. Hospice volunteers can help in a variety of ways which might include writing letters, working on a client hobby together, sharing music, providing caregiver relief or simply conversing. One person, giving One hour of their time can make a big difference in another person's life while impacting their own. (2/17)

Veterans for Hospice – Fairview Hospice is seeking veterans to help honor other veterans who are nearing the end of their life. Veteran volunteers are paired with Veteran patients to provide companionship and camaraderie. Volunteers can also facilitate a final tribute to our nation's heroes by honoring these men and women with a military pinning ceremony which provides acknowledgment of their service and sacrifices and an opportunity for reflection. One person, giving one hour of their time can make a big difference in another person's life while impacting their own. (2/17)

Fairview Northland Medical Center – Must be at least 14 years of age. Volunteers are asked to commit to at least 2 shifts per month for a minimum of 6 months and will need to undergo a health and background screening.

Hospital 'M' Technique – Fairview Northland Medical Center in Princeton is seeking volunteer to train in the "M" Technique, which is a method of structured touch that encourages relaxation. 'M' Technique Volunteers provide a gentle, relaxing touch to patients and family members throughout the medical center. Volunteers are provided with 'M' Technique training and do not need to have any prior experience. Prepare cart and load with supplies needed to provide 'M' Technique throughout the hospital. Shifts available seven days a week, both daytime and evening. (3/17)

Medical/Surgical Volunteer – Make the hospital experience a more pleasant one for patients and their families at Fairview Northland Medical Center (Princeton) on a Medical Surgical Unit. From greeting and tidying, to flower delivery and answering the phone, you can make a difficult life experience easier. Many days and shifts available. (3/17)

Volunteer Office Assistant – Assist the Fairview Northland Medical Center Volunteer Services Office with various organizational tasks including filing, data entry, newsletter articles and event planning. Successful volunteers will be highly organized, give attention to detail, have strong communication skills and will be comfortable with MS Office software, including MSPublisher. Flexible shift time of 4 hours per week served during M-F 8 AM – 2:30 PM. (12/16)

Human Resources Office Assistant – Assist Fairview Northland Medical Center Human Resources staff with a variety of tasks, including: creating, filing, disassembling employee occupational health folders, assisting with data entry for the volunteer program, making appointment reminder calls for the specialty clinics and other duties as assigned. This volunteer should have good computer skills. (12/16)

Emergency Department Host(ess) – Provide hospitality to patients and visitors in the Emergency Department (ED) including providing blankets, books, beverages etc. Greet patients and keep the waiting room tidy and the children's activities stocked. Volunteers needed from 5-9 pm, all days, day shifts available on Saturdays and Sundays. (12/16)

Supply Chain Attendant – Assist Fairview Northland Medical Center in Princeton with delivery of mail and supply inventory. Deliver mail within the hospital accurately and in a timely manner. Conduct medical supply inventory using a hand held scanner as directed. Remove expired products and enter any supply changes in a computer database. Attention to detail, comfort with computer operation and the ability to stand for the majority of a volunteer shift a must. Needed Monday and Friday afternoons. (12/16)

Laboratory Greeter – Assist with laboratory services at Fairview Northland Medical Center. Volunteers are responsible for greeting patients, collecting information, gathering and filing paperwork, notifying staff of patient arrival and other clerical duties. Volunteer must possess an outgoing personality, attention to detail and the ability to handle a variety of tasks. Needed Monday and Thursday 4-7 PM. (12/16)

Pet Therapy – Volunteers and their dogs are wanted to provide hospitality, conversation, care and friendly visits to those staying at Fairview Northland Medical Center in Princeton. Dogs must be over 1 year of age, registered with Pet Partners or Therapy Dog International and practice pet therapy according to those policies and procedures. Contact information for licensed veterinarian caring for the dog and proof of up-to-date veterinary care is required. Pet masters must possess strong communication/customer service skills, an outgoing personality and speak English fluently. Time commitment varies. (12/16)

Embroidery – The emergency room staff at Fairview Northland Medical Center give out special homemade pillows to patients being transported from their hospital to another. A volunteer is needed who has an embroidery machine at home and is willing to embroider a specific saying and small graphic for each pillow. All materials will be provided. (12/16)

Medical/Surgical and ICU Volunteer - Greet patients and guests arriving to the Med/Surg and ICU units at Fairview Northland Medical Center. Give directions, answer phones/questions, and escort visitors as needed. Volunteer will provide comfort items to patients like books, games and refreshments. Volunteer will complete some clerical, cleaning and errand tasks on the unit, as well. Needed for 2-4 hour shifts between 7 AM and 7 PM, all days. (12/16)

Birthplace Greeter – Greet patients and guests arriving to the Birthplace unit at Fairview Northland Medical Center. Give directions, answer phones/questions, and escort visitors. Volunteer will provide comfort items to patients like movies, games and refreshments. Volunteer will also attend to clerical, cleaning and errand completion tasks on the unit, as well. Needed for 2-4 hour shifts between 7 AM and 7 PM, all days. (12/16)

Clinic Desk Service – Greet and direct patients, answer questions and perform clerical tasks at the Fairview Clinic in Princeton. Good customer service and communications skills a must. 4 hour shifts available, AM or PM, weekdays. (12/16)

Crocheter/Knitter – Fairview Northland Medical Center is seeking volunteers to use their yarn skills to create prayer shawls for patients and/or their families. Knitting and crochet patterns and Lion Homespun yarn provided. Do this creative service in your own home at your own pace. (12/16)

Infusion Therapy Volunteer – Greet patients, give directions, tidy waiting area and treatment rooms, assist with patient comfort items, run department errands and perform clerical tasks in the Infusion Therapy Department at Fairview Northland Medical Center. Outgoing personality and good communication skills a must. 3-4 hours shifts, AM, PM, weekdays. (12/16)

Surgical Services Waiting Room – Greet patients and family members when they arrive for surgery at Fairview Northland Medical Center in Princeton. Explain the process and tracking options, escort guests and offer activities as needed. Perform projects for surgical staff as assigned. Volunteers needed for a variety of shifts between 7 AM-8 PM, Monday-Friday. (12/16)

Hospital Information Desk – Be the initial, warm greeter for patients and visitors to Fairview Northland Medical Center in Princeton. Answer questions, give directions, deliver flowers and gifts, provide escort, as necessary. 2-4 hour shifts: AM, PM, evenings; all days. (12/16)

Guardian Angels Elim Home Care and Hospice

Hospice Volunteer – Guardian Angels Elim has caring compassionate volunteers who are a part of a team to support clients who are experiencing end of life challenges and their families. Volunteers may provide respite for caregivers, companionship, run errands, prepare meals or do light housekeeping. Volunteers are screen and training prior to service and supported along the way. Next volunteer intake training early 2017. (7/17)

St Croix Hospice - Volunteers are an integral part of providing emotional support to St. Croix Hospice patients and their families during a difficult time. There are numerous ways that caring individuals can provide comfort, dignity and respect to our hospice patients. St. Croix Serves clients in Big Lake, Buffalo, Monticello and St Cloud. Clients reside in Skilled Nursing, Assisted Living, independent apartments and homes.

Hospice Companions: Volunteer companions provide the extra care and support through companionship and practical, caring help. Respite care involves staying with the patient while the family members enjoy a moment alone to run errands, make appointments, or simply take time to care for themselves. Hospice companions visit on a regular basis and do a variety of activities like reading, handholding, playing music, card games, looking at photo albums, and sharing memories. (12/16)

Vigil Companions: Volunteers provide the support, physical presence, and reassurance that patients and families need. These individuals stay at the bedside of patients who would otherwise be alone during the last days or hours of life. (12/16)

Pet Therapy Companions: Pet therapy has been shown to reduce physical and emotional pain, along with reducing anxiety, and a sense of isolation. St. Croix Hospice is seeding certified handler/dog teams to visit patients where they live. (12/16)

Administrative Volunteers: The administrative support volunteer provides support for all hospice departments in a wide range of important duties including data entry, filing, copying, mailings, research, answering phones, and assembling admission packets. (12/16)



HUMAN & VETERAN SERVICES

Rivers of Hope

Crisis Line Attendant - Answer 24 hour Crisis Lines after hours, weekends, and holidays for Rivers of Hope, a support center for those dealing with domestic violence. Provide problem solving solutions. Commit and keep scheduled shifts. Attend training as advised. Work cooperatively with local law enforcement. Provide a calming presence to victims of domestic violence. Must be at least 18 years of age. Previous crisis intervention experience preferred, but not required. Must pass criminal background check. Must have access to a phone and the internet during shift. (12/16)

MEAL SERVICE/DELIVERY

Senior Dining - Becker

Noon Meal Assistant – Help to serve or deliver weekday, noon meals to Becker area senior citizens. It takes a short time to makes someone's entire day brighter! Kitchen volunteers serve prepared food to diners, package Meals on Wheels and assist with clean up from 10:30 AM o 12:30 PM 2-4 times per month. (Especially needed on Fridays.) Meal delivery drivers are needed to ½ to 1 hour, 2-4 times per month over the midday. (12/16)

Meals on Wheels - Deliver noon meals to Becker/Clear Lake/Clearwater area senior citizens unable to cook a nutritious meal for themselves. Meal delivery drivers needed on various weekdays. Midday time commitment of ½ to 1 hour, 2-4 days per month. Businesses/groups willing to offer a rotation of employees/members for these positions are welcome. (12/16)

Kitchen Assistant - Help to serve weekday, noon meals to Becker area senior citizens, including packaging of Meals on Wheels. Meal servers needed in the Senior Dining kitchen in Becker on various days, 2-4 times per month. Time commitment for this position is 10:30 AM – 12:30 PM on the scheduled day. Especially needed Friday when a large volume of Meals on Wheels are prepared for distribution. (12/16)

Senior Dining – Big Lake

Kitchen Assistant - Help to serve weekday, noon meals to Big Lake area senior citizens. Meal servers needed in the Senior Dining kitchen in Big Lake on various days, 2-4 times per month. Time commitment for this position is 10:30 AM – 12:30 PM on the scheduled day. (12/16)

Meals on Wheels - Deliver noon meals to those unable to cook a nutritious meal for themselves. About one hour at midday. Meal delivery drivers needed on various weekdays. Midday time commitment of about 1 hour, 2-4 days per month. Volunteers can be individuals who deliver on scheduled days, or businesses/groups willing to offer a rotation of employees/members for delivery. (3/17)

Senior Dining – Elk River

Noon Meal Table Care – A hot, noon meal is served each weekday for many 60+ Elk River residents at the Catholic Charities Senior Dining Program in the Guardian Angels Apartments. Volunteers are needed to wipe/set tables before 10:30 AM and/or to clear/wipe tables at 12:30 PM. Assistance is also needed during the meal service at noon to carry trays to the table for those who have a difficult time carrying their tray of for themselves. An hour or two a week will make a great difference to those who appreciate these meals! (12/16)

Senior Dining - Zimmerman

Meal Service - Help needed to serve and clean up from weekday, noon meals to Zimmerman area senior citizens one day per week or more. Distribute warm greetings and smiles along with serving the meal and collect up some smiles for yourself! Time commitment for this position is 10:30 am – 12:30 pm on the scheduled day. (12/16)

Meals on Wheels - Deliver noon meals to those unable to cook a nutritious meal for themselves. Meal delivery drivers especially needed on Tuesday and/or Friday Noon – 1 pm, 2-4 times per month. Volunteers can be individuals who deliver on scheduled days, or businesses/groups willing to offer a rotation of employees/members for delivery. (12/16)



OTHER NON-PROFIT

Abba Pregnancy Resource Center

Office/Donation Assistant – Help Abba Pregnancy Resource Center in Elk River with a variety of office and organization tasks, light general cleaning, labeling brochures & assisting with mailings. Breaking down boxes for recycling & exterior yard spring, summer and fall cleanup work. Needed on a weekly basis for 2-3 hours. One or more people can help with these tasks. (12/16)

Oliver Kelley Farm

School Groups Guide - School groups need your guidance! Come help welcome our groups to the visitor's center by helping to unload school groups, directing buses, and guiding the group to the proper areas of the site according to their itinerary for the day. Help us sow the seeds of learning by setting groups on the right path! Time commitment for this position would be one day a week on the scheduled day, Monday-Friday, 9:00 am-1:00 pm from March through June school field trip season. A commitment of March-June is requested. (1/17)

Visitor Services Specialist - Visitors need your warm welcome to the Kelley Farm! As a Visitor Services Specialist, you will inform and direct visitors to attractions and provide great customer service by assisting in the exhibit and/or gift shop area. Come help visitors get the most out of their visit and help them leave planning their next visit! Time commitment for this position would be one day per week on the scheduled day, 9:45 am-2:00 pm. Weekend volunteers scheduled April-October. Weekday volunteers scheduled from Memorial Day-Labor Day. Shift times fluctuate from week to week and a minimum commitment of one season is requested. (1/17)

Farm Lab Kitchen Associate - Do you like being in a kitchen? Do you like learning? Well then we have a position for you! Come help support a quality learning environment for visitors by assisting interpreters and/or guest cooks with preparation for, delivery of, and cleanup after both school and public programs. Help us give visitors a taste of what Oliver Kelley Farm has to offer! Time commitment for this position is one shift per week on the scheduled day, Monday-Friday, 9:30 am-3:00pm. A one year commitment is requested March through November. (1/17)

Golf Cart Driver - We need your help moving people and necessary goods! As a Golf Cart Driver, you will help transport visitors with mobility challenges to various locations at the Kelley Farm. You may also help transport lunches, equipment, or supplies to necessary locations. Come help us keep things moving the right direction! Time commitment for this position is one day a week on the scheduled day, 9:00 am-1:00 pm. A commitment of March through November is requested. (1/17)

Lunch Liaison - Are you passionate about recycling? Assertive with directions? Then we have a position for you! As a Lunch Liaison you will greet groups, move them to their scheduled areas, direct table washing, engage schools in waste disposal system, and ensure lunch and restroom areas remain orderly. Help us clean up our act and remain organized! Time commitment for this position would be one day a week on the scheduled day, Monday-Friday, 10:00 am-2:00 pm from March through June, and then again September through November. One school season would be requested. (1/17)

Office Organizer - Do you like to organize? Know how to run office equipment (or are willing to learn)? We are in need of an Office Organizer to perform a variety of tasks which will make the information in paper and computer records accessible to staff and visitors for more efficient operations and high-quality programs. Come help us put our information in order! Time commitment for this position would be two half-day shifts per month with the possibility of weekly shifts in the busiest season. A minimum commitment of one year is requested. (1/17)

Samaritan Way Thrift Store

Greeter - Greet customers at the front door. Welcome them to the store to tell them the sale of the day along with handing out any sale promotional item. When the customer leaves, thank customers and offer them a sale calendar for future use. (12/16)

Fitting Room Attendant - Monitor fitting rooms. Remind customers of the five item/clothing-only limit for the rooms. Replace clothing customers do not want back into the appropriate place in the store. (12/16)

Clothing Hanger - Hang, size and tag the clothing in the back room getting them ready for prices to be assigned. (12/16)

Merchandise Rotation and Tidying - Systematically go through the store tidying merchandise that is to continue to stay on display and ensuring that it is in the appropriate location. Volunteer will also remove merchandise from display that is to be rotated out based on item tag colors. (12/16)

Sherburne History Center

Do you enjoy History? Learn more about local Sherburne County History while assisting the Sherburne History Center as a volunteer. The History Center can use your help in a variety of ways: data entry, tour guide, collection projects, transcribing, grounds/display maintenance. Explore what might interest you!

Tour Guide- Receive training from the Sherburne History Center about conducting tours on an on-call basis. Greatest need is for school tours, mostly elementary age children, both outdoors (e.g. on our Legacy Trail) or indoors (e.g. the exhibit gallery, hands on activities showing kids objects from our education collection). Must be friendly, outgoing and able to master information to be covered and make a clear presentation. Training provided. Tours are most common in the fall (September-October) and spring (May). (12/16)

Transcribing - Assist the Sherburne History Center with transcribing recorded oral history interviews into a word processing format. Volunteers can complete the task at the History Center location in Becker during the hours the center is open or may make arrangements to do the project at home using their own computer. (12/16)

Collections Cataloger- Volunteer 3-4 hours per week or more as an artifact cataloger for the Sherburne History Center. This is a long-term volunteer position. Write descriptions of historic objects following specific guidelines. Ability to follow detailed instructions and handle artifacts with great care. Good eyesight and neat handwriting necessary, as well as attention to detail. Will have to wear nitrile gloves when handling collections objects. Training provided. (12/16)

Computer Data Entry- Use your typing skills and basic knowledge of Word, Excel, or Access programs to enter History Center data in a variety of forms. Commitment is flexible during History Center hours. (12/16)



SENIOR SERVICES

Angels On Main - Adult Day Services

Share the Fun!- Angels on Main plans many day trips for their clients to places such as river boat rides, garden tours, or out to lunch. These trips are always more fun with volunteers along to assist the clients as an escort or simply visiting while staff tends to the needs of other clients. Assist with one or more trips per month, as your schedule allows. (12/16)

Guy Trippin' – Are you an adult male with experience in health care or care giving? Your help is needed when Angels on Main Adult Day Services takes male clients on day trips. Enjoy the outing along with the clients and staff. Be on hand to lend special assistance to male clients, if needed. Flexible commitment depending on trip dates and volunteer availability. (12/16)

Cards/Games Player- Share a game of cards or a board game with a client at Angels on Main Adult Day Services. Maybe 500, checkers, crazy eights, scrabble, cribbage or whatever is of mutual interest to the volunteer and client. Spend 1-1 ½ hours one-two times per month playing the game you love! Open M-F daytimes. (12/16)

Craft Group Coordinator- Suggest craft or beading ideas for client group at Angels on Main Adult Day Services. Gather supplies, demonstrate craft and help individuals with their project. Once per month. (12/16)

Atmosphere Builder- Help to surround Angels on Main clients with a pleasant, welcoming atmosphere. Devote a bit of time twice a month to dusting and watering plants in their small house setting. Visit while you work, if you like, and certainly know your work will be appreciated! (12/16)

Visit Adults With Memory Loss- Make a difference in the lives of persons with memory loss by giving individual, personal attention. Serve in a unique, homey atmosphere at Angels on Main Adult Day Services in Elk River. One or more days per month. Daytime, weekday hours. Training and resources provided. (12/16)

Musician- Share your musical talents for the enjoyment of Angels on Main Adult Day Services clients. Flexible schedule. (12/16)

Manicurist- Give an Angels on Main Adult Day Services client the joy of having her nails done by a gentle, friendly manicurist. Help her look and feel her best. One or more times per month. Flexible schedule. (12/16)

Baking/Cooking Assistant- Assist clients with kitchen projects, such as cooking, baking or special meals. One or more times per month. (12/16)

CentraCare Monticello - Care Center

Bingo Helper- Set up and run Bingo, hand out prizes, and be a companion for residents who come to play. (12/16)

Shopping/Outing Assistant – Assist Therapeutic Recreation staff by helping residents get in and out of the nursing home van and assist residents while they are shopping or enjoying a group outing. (12/16)

Musicians – We are always looking for talented individuals to provide soothing musical entertainment to our Care Center residents and guests. (12/16)

Nail Care - File and paint residents' nails with the assistance of Therapeutic Recreation staff. (12/16)

Central MN Council on Aging

Health Insurance Counselor- Serve through the Central Minnesota Council on Aging to assist Medicare beneficiaries with such things as; supplemental insurance selection, discussing Medicare Saving Programs, working with prescription assistance programs, helping individuals compare, enroll and resolve issues regarding their Medicare Part D benefits, and other forms assistance. Hours are flexible throughout the year, 18 hour training required. Volunteers set the radius from home they are willing to travel to do in-home counseling. Next Training Fall of 2017 will likely consist of 3 days from 9 AM – 3:30 PM in a St. Cloud location. (1/17)

Great River Faith in Action - Great River Faith in Action (FIA) has a mission of helping individuals and families who are challenged by low income, disability, loneliness, isolation, or a chronic health issue, as well as the elderly or family caregivers through a number of programs and initiatives that involve many volunteers. Clients are located throughout Sherburne County in in parts of surrounding counties.

The Gathering –Great River Area Faith in Action (FIA) is seeking volunteers to help with a fun, social respite group called The Gathering. It is held on the 1st and 3rd Thursday of each month located in Becker. This is a place for caregivers to bring their loved ones, so they can have time for appointments, and sometime for themselves. Come be a light in your community! (4/17)

Chore Services- Assist a FIA client with anything from minor household repair to lawn mowing/snow shoveling to fixing a leaky faucet. Volunteers complete projects as their time and interests allow. (4/17)

Companionship/Respite- Visit with an individual in his/her home who needs a listening ear, or with someone who needs another person for company while his/her caregiver gets out for a couple hours per week. (4/17)

Grocery Shopping - Assist a FIA client who is unable to shop in dependently. Some clients are able and interested in riding along, others are not able to. Shopping trips are taken 1-4 times per month, depending on client needs and volunteer availability. (4/17)

TLC for Furniture - Great River Area Faith in Action is in need of people who like to paint, sew, and refurbish furniture to bring it back to life! Furniture is then used to give to those in need or sold at on of the organization's boutiques as income generation for the mission. Come meet friends and paint with us at our Becker location! (4/17)

Guardian Angels By the Lake

Sing-a-Long Piano – Share your keyboard skills with others who enjoy singing along to the music at Guardian Angels By the Lake Assisted Living Apartments in Elk River. Day of the week and frequency are very flexible depending on what will work for you. Music is always welcome in our home! (8/16)

Coffee Hour – There is no better way to stay connected than a chat over coffee. Guardian Angels by the lake Assisted living residents enjoy this daily time to visit. Coffee is served every day of the week. Each volunteer serves from 2:15 – 4:00 PM one day each week. See if your free day will match a day that is open! (8/16)

Exercise Assistant – Exercise is important in every stage of life. Work with staff at Guardian Angels by the Lake assisted living apartments as they lead an exercise group. Participate with the residents while encouraging them to keep up the routine and enjoy being active in the company of others. Assist with any of the exercise times for about an hour: Mon and Fri 9:30 AM (except 3rd Fri at 1:30 PM). (12/16)

Bingo - Guardian Angels by the Lake assisted living apartments has many residents that enjoy bingo. Help to make it possible for them to enjoy a long-time favorite by leading the group. Needed Saturday morning 10:00 – 11:30 AM in the assisted living or Tuesday 2:00 – 3:30 PM in the Memory Care area. (12/16)

Visitor- Be the bright spot in someone's day! Visit with a specifically matched resident of Guardian Angels by the Lake assisted living apartments once per week for about an hour. Share good conversation or a small project as you learn about one another. General visitors also needed in the Memory Care area any morning from 9:30 – 11:00 AM. (12/16)

Volunteer Your Way – Guardian Angels by the Lake assisted living apartments welcomes potential volunteers to discuss a variety of volunteer opportunities: coffee servers, bingo, piano players for sing-a-longs, visitors, men to do a men's group, outing and exercise assistants, outdoor plant watering in the summers, craft groups, manicures, movie night weekly or monthly and special events. These are just some of the needs. The possibilities are endless! (12/16)

Shopping Outing Companion - Guardian Angels by the Lake assisted living apartment staff drive interested residents to shop at Wal-mart or Target 2-3 times per month on the apartment bus. Some residents want someone to walk with them as they shop. Volunteer to be that someone! Length of trip is 2 to 2 ½ hours. (12/16)

Guardian Angels Care Center

Outdoor Companion - Many residents at Guardian Angels Care Center in Elk River are unable to go or stay outdoors independently, but wish to be in the fresh air and sunshine outside. In the warm months, volunteers are invited to join those residents for some time to sit outside and visit in the beautiful campus courtyard. Engage in conversation or simply enjoy the warm weather together. 1:30 – 2:30 pm any weekday (12/16)

Sunday Worship and Fellowship – Residents of Guardian Angels Care Center in Elk River look forward to Sunday worship and fellowship as much as anyone. Escort residents from their rooms for a worship service and stay after the service to serve coffee and visit before returning residents to their rooms. Needed 1:45 – 3:30 PM. (12/16)

Nail pampering - Give a Guardian Angels Care Center resident the joy of having fingernails polished by a gentle, friendly visitor. A little pampering makes a person feel good! Weekly for 2 or more hours. Flexible schedule – weekday AM preferred. All supplies and training provided. (12/16)

Visitor- Be the bright spot in someone's day! Visit with a resident of Guardian Angels Care Center once per week in the afternoon. It's that simple! Volunteer can also be matched with 2 or 3 residents for a few visits. Share good conversation or a small project as you learn about one another. Maybe take a walk outdoors on a nice day. (12/16)

Prayer Leader – Help gather a small group of Guardian Angels Care Center residents to pray the Rosary. Hand out Rosary's and be present during the prayer. Assist residents back to the wing at the Care Center where their room is located when Rosary is done. Needed Monday & Wednesday 10:15-11:15 a.m. (*RSVP volunteers cannot record service hours for this position on RSVP timesheets.*) (12/16)

Hospitality Assistant – Offer reading material, word puzzles, jigsaw puzzles, a deck of cards, a room visit or a visit in the coffee/gift shop to Guardian Angels Care Center residents recovering from a surgery, injury or illness on the Rehabilitation Unit. Tues, Wed or Fri 3:00-4:30. (12/16)

Craft Assistant – Assist Guardian Angels Care Center residents with fun crafts by helping residents cut, glue and assemble crafts. Many residents can use a little extra help since arthritis in the hands can make it difficult to create something that needs dexterity. Staff will supply the ideas and materials. Need the 2nd & 4th Wednesday's 1:15-2:45. (12/16)

Share the Music – Guardian Angels Care Center would like more volunteers interested in singing/performing for the residents or doing a sing-a-long or playing an instrument/piano/guitar for the residents. It could be a one time performance, once/month, twice/month or weekly schedule. Hours could be flexible during the week. Open weekend times are 3:00-4:00 or 6:30-7:30 p.m. Come share your musical talent! (12/16)

Salon Transporter – Escort residents (push a wheelchair or walk along) to and from their appointment at the hair salon located in the Care Center. Share in their joy of looking their best! Needed Wednesdays 9:30-11:30. (12/16)

Cookie Baking – Isn't the smell of cookies baking the best? Help to create that wonderful aroma at the Guardian Angels Care Center every other Thursday from 9:40-11:10 AM. Assist in gathering ingredients, help residents mix the dough, bake the cookies and then help clean up! (12/16)

Outing Fun – Assist Guardian Angels Care Center staff in Elk River when they travel with a group of residents to Perkins or Walmart. These trips are always more fun with volunteers along to assist the clients as an escort or simply visiting while staff tends to the needs of other residents. Perkins trips are once per month, Walmart trips only once every other month (12/16)

Piano Entertainer- Make afternoon coffee time even more enjoyable at Guardian Angels Care Center in Elk River. Play the piano on Wednesdays 2:30-3:30, Fridays 2:30-3:30 (excluding 3rd Fri) and 1st Saturday's/month, as residents listen, tap to the music or sing along while enjoying coffee and each other's company. (12/16)

Happy Hour – Who doesn't like Happy Hour? Join in the good time on the 2nd Wed of the month from 2:15 – 3:30 PM by helping to invite residents to participate and assisting with refreshment service. (12/16)

Gather for the Fun!- The Guardian Angels Care Center arranges for entertainment for the residents on Tuesday evenings. A volunteer is needed to spread the word in the building just before the event and assist residents who need help to get to the event by encouraging attendance, lending an arm to walk along or pushing wheelchairs. Needed Tuesdays, 6:30 – 8:30 PM. (12/16)

Senior Companion Program

Senior Companions visit homebound, isolated adults and offer their time and compassion by being a friend who listens, helping with routine errands and transportation or providing support to caregivers. This allows individuals the ability to remain living in their own homes and avoid costly long term care placements. Volunteers must commit to 10-15 hrs per week, have dependable transportation, be willing to travel in your service area and have compassion, patience, and respect for others. Benefits to volunteers include a non-taxable stipend of \$2.65 per hour and possible meal allowance for qualified service, transportation reimbursement, training and recognition, and the opportunity to meet new people. (12/16)

Shepherd of Grace

Men's Group – Gather together the male residents at Shepherd of Grace senior apartments in Becker for a time just for the guys. Visit about favorite topics, play a game, share a treat? Whatever appeals to the group. 2-4 times per month for 1-2 hours per visit. (12/16)

Entertainer - Do you like to sing those "Old Time Favorite" songs? Shepherd of Grace Assisted Living and Memory Care is looking for volunteers to share their musical talents. Do you play the guitar or accordion? Don't play an instrument that's ok. Sing along books are available that can be used to lead small groups in a cappella fashion. Reminisce about the good old days through music. This position is flexible and is available on a short or long term time basis. (12/16)

Fun with Games - Do you enjoy playing games around the family table? Facilitate and share your favorite card, dice, or board games with the Shepherd of Grace Assisted Living Apartments and Memory Care located in Becker. Flexible scheduling. Short or long term commitment. (12/16)

Walking Companion – A companion to walk and visit with could make a normal day into an exceptionally pleasant day for a resident of the Shepherd of Grace Memory Cottages in Becker, especially if that stroll is outdoors when the weather is nice. Carry on a conversation while providing a safe walking experience and getting a bit of exercise together. Schedule varies with volunteer's availability and the best time for a resident to take a walk. (12/16)

For more information, including individual agency contacts, direct questions to

**The Volunteer Bridge/RSVP
763-635-4505 OR 1-877-560-RSVP (7787)
OR email: charlotte.strei@ci.stcloud.mn.us**

Updated 7/2017